**Writing a Newspaper Article**

1. Use the information from the lecture to conduct research on a topic of your choosing. You will use your research to write a newspaper article for the Foster newsletter that goes out with your progress reports. **The best article will be published in the newsletter.** Each article should have at least two *different* *types* of sources cited. You may choose from the following list:
   * **Nutrition for teens**: What is an ideal weight considering age and height? What should teens be eating and how much of it to gain weight, lose weight, or stay the same? Compose a day’s worth of meals that would count as healthy eating for teens.
   * **Censorship**: What is censorship? What is the history of censorship? How does censorship affect us as middle school students? What can we, as kids, do about censorship?
   * **Global Warming**: What is global warming? What causes it? Why should middle school students worry about global warming? What can we, as kids, do about global warming?
2. Since you are writing a newspaper story, you may want to consider building a graphic organizer that answers who, what, when, where, why, and how.
3. For each topic, you may use the following websites and resources for research, or you may find some on your own.
4. Include citations for any sources that you use.
   * Use the MLA style for citation:

**Nutrition for teens:**

**Websites**

The Food Guide Pyramid

<http://kidshealth.org/kid/nutrition/food/pyramid.html>

This article can be used by teens to decide how much of each of the recommended food groups they should eat for good health. Many articles from the kids’ health site can be accessed in Spanish as well as English.

What’s the Right Weight for Me?

<http://kidshealth.org/kid/talk/qa/fat_thin.html>

This article instructs kids on how to measure their own body mass index and determine whether or not they are overweight. It also gives tips on what you should do if you are overweight or underweight.

**Reference materials in Foster’s library**

*2007 World Book Encyclopedia*

*2008 World Almanac*

**Books in Foster’s library**

1. *Frequently Asked Questions about My Pyramid: Eating Right* by Kara Williams
2. *Eat your Vegetables! Drink your Milk!* By Alvin Silverstein, Virginia Silverstein, and Laura Silverstein Nunn
3. *Food Rules!* By Bill Haduch
4. *Lunch Munch: Step-by-step Healthy Recipes for Kids* by Bobbie Kalman

**Censorship;**

**Websites**

Does Censorship Protect Kids? (Results by Region)

[**http://teacher.scholastic.com/kidusa/censor/chart1.htm**](http://teacher.scholastic.com/kidusa/censor/chart1.htm)

In what area did the greatest number of kids feel that censorship did not protect them? What percentage of the region voted this way?

ALA Intellectual Freedom and Censorship Q & A

<http://www.ala.org/ala/aboutala/offices/oif/basics/intellectual.cfm>

This site, from the American Library Association, covers common questions associated with intellectual freedom and censorship.

National Coalition against Censorship

<http://www.ncac.org/home.cfm>

NCAC aims to educate and mobilize the community against acts of censorship.

**Reference materials in Foster’s library**

*2007 World Book Encyclopedia*

*2008 World Almanac*

**Books in Foster’s Library**

1. *The First Amendment: Freedom of Speech, Religion, and the Press* by Leah Farish
2. *The Dismissal of Miss Ruth Brown: Civil Rights, Censorship, and the American Library* by Louise S. Robbins
3. *New York Times v. United States: National Security and Censorship* by D.J. Herda

**Global Warming:**

**Websites**

The EPA Climate Change Kids Site

<http://epa.gov/climatechange/kids/index.html>

This is the government’s site devoted to global warming issues written in language that students can understand.

Global Warming 101

<http://video.nationalgeographic.com/video/player/environment/global-warming-environment/global-warming-101.html>

Find a video overview of global warming that summarizes the consequences of rising temperatures and itemizes contributing factors. [3 mins, 3 secs]

**Reference materials in Foster’s library**

*2007 World Book Encyclopedia*

*2008 World Almanac*

**Books in Foster’s Library**

1. *Planet Under Pressure: Pollution*by Clive Gifford
2. *An Inconvenient Truth: The Crisis of Global Warming* by Al Gore
3. *The North Pole was Here: Puzzles and Perils at the Top of the World* by Andrew C. Revkin
4. *The Atlas of Endangered Places* by Steve Pollock